

DART will maximise support options by signposting to other relevant agencies to support additional identified needs alongside Domestic Abuse support.

- ❖ **Securing emergency refuge**
- ❖ **Housing**
- ❖ **Financial advice**
- ❖ **Mental Health**
- ❖ **Drug and alcohol support**
- ❖ **Legal Advice**
- ❖ **Family matters**
- ❖ **Court**
- ❖ **Counselling**

ADDRESS

**Teulu MAC
47-48 Pontmorlais
Merthyr Tydfil
CF47 8UN**

Fully accessible for disabled people

Email - teulu.mac@smt.org.uk

Website - www.smt.org.uk



**Simultaneous translation available
in multiple languages**

DART

Domestic Abuse Resource Team

**Confidential support for survivors
of domestic abuse**

Opening times

Mon-Thurs _ 09:00am _ 5:00pm

Friday _ 09:00am _ 4:30pm

Out of hours:

Live fear free – 0808 80 10 800

In an emergency contact Police on 999



Who are we?

The Domestic Abuse Resource Team (DART) offers confidential, practical and emotional support to female and male survivors of domestic abuse aged 16 years+.

Contact Us

TELEPHONE

07539 170396

01685 388444

FREEPHONE: 0800 389 7552

Female and male only appointments available.



What we do

DART works with survivors to formulate individual safety and support plans tailored to the risks they are facing and the needs they wish to address.

DART provides information and advocacy to assist survivors in making positive changes for themselves and their family.

DART offers recovery programmes:

- Freedom Programme
- Recovery Toolkit
- Own My Life

Everyone has the right to live free from abuse and the fear of abuse

Domestic abuse is a form of gender based violence affecting women disproportionately to men and can include:

**Financial
Sexual
Emotional
Physical
Psychological
Coercive and controlling
behaviour
Harassment
Stalking**